New England Netball  Rules from 1st September  2016.

Hair must be suitably tied back, long ponytails maybe asked to plated.

If the captain comes off the court for injury time, a new one must be appointed.

A first aid person must appointed in your team.

If an injury occurs you have 30 secs to leave the court and put on a sub.

Both umpires have to work together more as a team, they may appeal to each other about decisions.

The scorer needs to make sure the two umpires are indicating the centre pass correctly. It is now scorers responsibility.

There is now no whistle after a goal is scored. The umpire will raise their hand to signal to the scorers.

Penalty pass

Player can either wait for the infringer to stand beside her, OR take the pass immediately. The player at fault cannot be part of the game. (Physically or verbally)

In the shooting circle the shooter must make her decision to take the shot at goal or wait until the player stands by her . If she misses the goal she cannot then ask for the player to stand beside her to try again.

On a centre pass only one foot has to be wholly in the circle before the whistle is blown.

When a ball goes out of the court,  the last person on court to touch it is at fault.  If a player is off court, returning to the court but still off the court and gets hit by the ball it’s still that persons throw in.

On side line passes, the player has to stand within 6 inches  of the side line before releasing the ball.

Injury/Blood

If you leave the court for blood you have just 30 seconds to put a plaster on and return to play. After the 30 seconds the game will continue without that player. If this takes longer than 30 seconds the sub can join the game after the next goal. If it’s the centre player going off for first aid she must decide quickly if she can return within 30 seconds. If not the sub or another player must move into the centre position.

A  short pass is no longer determined by 3 foot distance.  A person has to be able to pass between you.

You can use a bounce pass if 3 foot apart.

If you hit the post from the back line throw in, this is considered a short pass.

The umpire will no longer call “Penalty pass or shot”, they will say “Penalty pass” or “Free pass”.

Feeling for your player is not contact if it’s not interfering with the play of the ball, however if the GK or GD are continually touching the shooters to feel where the shooters are, the umpires can have a word with those players.

A caution can only be given by an umpire in her half of the court. Both umpires are able to caution the same player on court.

Delaying play in a game is related to centre passes. Umpire blows the whistle for start of game play then immediately blows the whistle again for delaying the play on court. The opposing team will take the free pass in the centre circle.

If a small dispute, umpires should ask captains to have a word with their team players.

The umpire will no longer blow the whistle for ball out of court side line or back line. They will just call side line Red.

 There is a new set of hand signals - many have changed. contact, time, goal scored etc.

Both umpires may now hold time for injury, illness of a player, blood, foul play, an emergency or other appropriate circumstances at any time.